



# Benefits of Hospice Care

*Understanding How Hospice Care Can Enhance Quality of Life*



## What is Hospice Care?

Hospice care is a special kind of care that focuses on the quality of life for people who are experiencing an advanced, life-limiting illness and their caregivers. With our interdisciplinary team of physicians, nurses, certified nursing assistants, social workers, spiritual counselors, volunteers, and grief support staff, we're able to provide comprehensive and compassionate care for those in the advanced stages of an illness, and support for the loved ones who care for them.



## The Benefits:

### Comprehensive Pain & Symptom Management

Hospice care focuses on alleviating pain and managing symptoms such as nausea, breathlessness, and anxiety, ensuring the patient's comfort. Families are educated about the illness, care processes, and what to expect, empowering them to make informed decisions and feel more in control.

### Emotional & Spiritual Support

Hospice care addresses not just physical needs but also emotional, social, and spiritual aspects, providing well-rounded support for patients and families. Counseling and emotional support is available to help cope with the stress and grief of the terminal illness.

### Care Coordination

Hospice teams coordinate all aspects of care, including medication management, medical equipment, and communication with other healthcare providers, reducing the logistical burden on families. Care is often provided at home or in a home-like setting, which can be more comforting and less stressful than a hospital environment. Respite care is available.

### Enhanced Quality of Life

Each patient receives a tailored care plan that addresses their specific needs and preferences, enhancing their quality of life. By handling the medical aspects of care, hospice allows families to focus on spending quality time with their loved one, creating meaningful memories and strengthening bonds during the final stages of life.

## COMPASS HOSPICE CARE PROGRAM



24/7 Hospice Team Support  
Regular visits from Compass staff



Providing support to cope with the stress and grief of a terminal illness  
Assisting those who support you



Support with management of medical equipment/supplies and medications  
Coordinating with your care team



Support navigating the healthcare system  
Linking you to resources to help you overcome barriers.

Learn more about our Hospice Care program



Contact Marissa Evans at 443-988-2063  
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Explore our Hospice Care Page  
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