



## What is Palliative Care?

Palliative care is a medical specialty that provides an extra layer of support for people with a serious, chronic illness at any stage. Our focus is to support you on your terms. This care can also be provided even if the patient is seeking treatments for the illness.



## The Benefits:

### Comprehensive Symptom Management

Palliative care aims to enhance the quality of life by managing symptoms such as pain, nausea, fatigue, and shortness of breath. When introduced early, it allows for proactive symptom control, providing comfort and easing stress for both patients and their care givers.

### Emotional & Spiritual Support

Early engagement in palliative care provides an extended period for patients and families to receive emotional and spiritual support. Coping with a serious illness becomes more manageable, and individuals can navigate the emotional journey with the assistance of our compassionate care team.

### Care Coordination

Palliative care ensures better coordination with other medical treatments. This proactive approach helps in avoiding unnecessary hospitalizations and streamlining healthcare services, leading to a more seamless and integrated care experience. Coordinated care also alleviates the burden on families, allowing them to focus on providing emotional support.

### Enhanced Quality of Life

By introducing palliative care early in the course of a serious illness, individuals can experience a prolonged period of enhanced quality of life. It empowers patients to maintain their independence, engage in activities they enjoy, and foster meaningful connections with their loved ones, creating a sense of comfort and support.



## COMPASS PALLIATIVE CARE PROGRAM

WITH THE SUPPORT OF  **CareAlly**  
HEALTH



24/7 Nurse Support Line  
Check Ins from Compass staff on your needs



Providing support to cope with the stress of living with illness  
Assisting those who support you



Helping with symptom management  
medication prescription refills  
Coordinating with your care team



Support navigating the healthcare system  
Linking you to resources to help you overcome barriers.

Learn more about our  
Palliative Care program



Contact Marissa Evans at 443-988-2063  
mevans@compassregionalhospice.org



Explore our Palliative Care Page  
compassregionalhospice.org

